Social Determinants of Health

Environmental Factors Affect Health Outcomes





95% of health spending is on sick care. Experts agree that genetics, personal behavior, and social determinants of health have a greater impact on well-being.





68% of American Health Outcomes Impacted by SDOH



Education, Health Care Access, Neighborhood Environment, Social Factors, and Economic Stability

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

Source: health.gov



SOCIAL FACTORS

28% experienced health barriers due to social needs.



ECONOMICS

21% chose between food or rent instead of health care.



INSURANCE

56% couldn't cover emergence medical expenses.

"Health inequalities and social determinants of health are not a footnote to the determinants of health. They are the main issue."

- Sir Michael Marmot

Healthy People 2030 has a variety of resources to help individuals, organizations, and communities committed to eliminating health disparities and advancing health equity.

Learn more at health.gov/healthypeople



